

the PARENT CHECKLIST

FOR STARTING SOCCER



1. BE PREPARED WITH THE RIGHT GEAR.

- Jersey - included
- Athletic shorts/pants
- Athletic shoes or cleats (if allowed)
- Shin guards (shin guard socks or separate shin guards worn under knee high socks)
- Size 3 soccer ball
- Water bottle

2. WHERE TO GET SOCCER GEAR

Some options are Amazon, Target, Academy of Sports, Dick's Sporting Goods

3. ASK THE RIGHT QUESTIONS



- We have soccer tomorrow! What should we pack up to be ready?
- I'm excited to cheer you on! What are YOU excited about?
- Is there anyone else you want to invite? (Family, favorite stuffed animal or toy, etc.)

4. OFFER POSITIVE SUPPORT

- I loved watching you play!
- Let's practice together! Can you show me what you learned?

