



<b>Immunotherapy Options</b>		
	<b>Subcutaneous (shots)</b>	<b>Sublingual (Drops)</b>
Method of Administration	Injections in the arms	Drops under the tongue
Insurance Coverage	Yes- plan dependent	No
Out of Pocket Expense	Yes, insurance plans vary	Yes HSA/FSA approved
Risk for Anaphylaxis	Low	Very low
Adverse Reaction	Swelling, itching and soreness at injection site	Nausea, itching, swelling of the tongue and tingling in the mouth
Office Visit Required	Every 3 months x 1 year then every 6 months x duration of treatment	Every 3 months x 1 year then every 6 months x duration of treatment
Contraindications	Beta blockers, severe uncontrolled asthmatics	Severe uncontrolled asthmatics
Duration of Treatment	3-5 years	3 years
Treatment Frequency	Once a week	Daily
Treatment Location	Doctors office must wait 20 min after injection	Home
Efficacy	If you do your treatment as recommended 5 year treatment plan is effective for long-term (approx 10 years)	If you do your treatment as recommended 3 year treatment plan is effective for long-term (approx 10 years)
EpiPen Required	Yes	Yes
Cost	cost of copay weekly and vial mix charge 4x/year	\$250 per quarter (4x/year)
FSA/HSA coverage	Yes	Varies
CPT Codes (for insurance)	Vial Mixing 95165 x24 every 3 moths Injection 95117 weekly	No Codes