

## Reading and prayer 3<sup>rd</sup> June 2021

The LORD is my rock, my fortress, and my deliverer,  
my God, my rock, in whom I take refuge,  
my shield and the horn of my salvation,  
my stronghold and my refuge,  
my saviour; you save me from violence.

I call upon the LORD, who is worthy to be praised,  
and I am saved from my enemies.

2 Samuel 22:2-4

Almighty Father, we praise you and remember your goodness to us. From the beginning you have had our lives in your hand and protected us. You are our firm foundation, the one in whom we can trust. Help us to keep our our eyes fixed on you when problems come ,all about us feels uncertain and our own doubts threaten to overwhelm us.

Amen

