



GUIDE FOR POST CIRCUMCISION CARE

Baby must stay at the hospital for 1-hour post circumcision to be monitored by nursing staff.

How to care for the circumcised penis in the first week:

1. Take off soiled diaper.
2. Wash/sanitize your hands.
3. Wipe or cleanse the area gently.
4. GENTLY pull back infant's penile shaft skin, enough to see that the whole head of the penis is visible and apply a generous amount of Vaseline to the head of the penis. You may also put some Vaseline on the front of the diaper to prevent the penis from sticking to the diaper.
5. Put a new diaper on.

Vaseline needs to be applied with each diaper change. No tub baths for 2 days after circumcision.

Avoid using soap on the urethral meatus (pee hole), as this can cause irritation. Dab the penis dry and reapply Vaseline. A scab will form after the circumcision and Vaseline needs to be applied until that scab is gone. It is normal for the site to bleed for a day or two. Check the amount of bleeding with each diaper change. Infants may be fussy following the circumcision. Tylenol may be given for discomfort, follow dosing recommendations for infant's age and weight.

On average, it takes about a week for the circumcised area to heal completely. Some may heal faster; some may take a little longer.

Reasons to call your pediatrician after a circumcision:

1. Bleeding from the penis that is the size of a quarter or larger. If this happens, put gentle pressure where it is bleeding with your thumb and index finger and hold for 5 minutes, then call your pediatrician.
2. If infant isn't able to pee after the circumcision, call your pediatrician or go to Emergency Department, if after hours.
3. Signs and symptoms of infection include increased redness, increased swelling, foul smelling drainage or pus, and a fever higher than 100.4 degrees.

Boys may also develop penile adhesions or skin bridges between the head of the penis and the shaft. Penile adhesions can be prevented by gently pulling the foreskin back daily. If adhesions form, they will often release on their own when your son is between 3-5 years, since this is when boys have spontaneous erections and the adhesions will start to pull the shaft skin off the head of the penis. If it does not release, he could have a thicker adhesion called a skin bridge that needs to be numbed and snipped by a doctor.

If you have any questions or concerns,
please call the clinic at (406) 281-8700.