

**Book recommendations for children with SM, parents, and teachers**

**Ages 2-7**

***The Loudest Roar***

Author: Clair Maskell

***Too Shy for Show and Tell***

Author: Beth Bracken and Jennifer Bell

***Shy Charles***

Author: Rosemary Wells

***Say Hello Sophie!***

Author: Rosemary Wells

**Ages 7-12**

***Lola's Words Disappeared***

Author: Elaheh Bos

***Leo's Words Disappeared***

Author: Elaheh Bos

***Lola's Words Disappeared and Came Back: Lola's words disappeared activity book***

Author: Elaheh Bos

***Leo's words disappeared and Came Back: Activity book***

Author: Elaheh Bos

***Maya's Voice***

Author: Wen Wen Cheng

***My name is Eliza and I don't talk at School***

Author: Lucy Nathanson

***Unspoken Words: A child's View of Selective Mutism***

Author: Sophia Blum and Elisa Shipon Blum

**Teens/Adults**

***Learning to Play the Game: My Journey Through Silence***

Author: Jonathan Kohlmeier

***Selective Mutism in Our Own Words: Experiences in Childhood and Adulthood***

Authors: Cheryl Forrester and Carl Sutton, et al.

## For Parents/Teachers

### ***Helping your Child with Selective Mutism: Practical Steps to Overcome a Fear of Speaking***

Authors: Angela McHolm, Charles Cunningham

### ***Overcoming Selective Mutism: The Parents Field Guide***

Authors: Aimee Kotrba & Shari Saffer

### ***The Ideal Classroom Setting for the Selectively Mute Child***

Author: Elisa Shipon-Blum