

## **Reading and prayer 10<sup>th</sup> July 2021**

I lift up my eyes to the hills—from where will my help come?

My help comes from the LORD, who made heaven and earth.

He will not let your foot be moved; he who keeps you will not slumber.

He who keeps Israel will neither slumber nor sleep.

The LORD is your keeper; the LORD is your shade at your right hand.

The sun shall not strike you by day, nor the moon by night.

The LORD will keep you from all evil; he will keep your life.

The LORD will keep your going out and your coming in  
from this time on and for evermore.

### **Psalm 121**

Father God, in our weakness, we look to you for strength as we walk through this life.

We give you thanks that we are in your hands and we need not be anxious for this today or the tomorrows to come. May the days we have be filled with joy and thanksgiving for all that has been made possible for us through your love and protection. Give us Grace to walk in your ways and in your presence, that all we are and do may be pleasing to you. Amen.

