

Rebecca McIntosh, MD

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EDUCATION

Sidney Kimmel Medical College at Thomas Jefferson University, Philadelphia, PA July 2013 – May 2018
Doctor of Medicine Degree

Bryn Mawr College, Bryn Mawr, PA 2011-2012
Postbaccalaureate Premedical Program

Connecticut College, New London, CT 2006-2010
B.A. in Psychology- Summa Cum Laude with Highest Honors

POST GRADUATE TRAINING

St. Christopher's Hospital for Children, Philadelphia, PA July 2018-Present

HONORS AND AWARDS

Sidney Kimmel Medical College
Gold Humanism Honors Society January 2017
Postbacc Chair Officer/JeffCHAT Officer
Ethics Award May 2018
Alfred I. DuPont Award May 2018

Connecticut College
Psi Chi member (Psychology Honors Society) Spring 2009
Suma Cum Laud, Phi Beta Kappa, Delta Chapter Spring 2010
Cameron Horner Smyser '92 Award for Scholarly Achievement Spring 2010
Bernard I. Murstein Award for Research on Interpersonal Relations Spring 2010

LICENSURE AND CERTIFICATIONS

Certified Lactation Counselor Spring 2021 (expected)
PA Medical License June 2018-Present
BLS Certified June 2018-Present
NRP Certified June 2018-Present
PALS Certified June 2018-Present

PROFESSIONAL AFFILIATIONS/MEMBERSIPS

American Academy of Pediatrics June 2018-Present
Resident Physician Member, Chapter Member in Pennsylvania

PRACTICE EXPERIENCE

St Christopher's Hospital for Children, Philadelphia, PA
Hahnemann University Hospital, Philadelphia, PA

SCHOLARLY ACTIVITIES

RESEARCH EXPERIENCE

St. Christopher's Hospital for Children, Philadelphia, PA May 2020-present
Mentor: Dr. Deborah Sandrock, MD
QI project working on improving lactation support and evaluation by Lactation Counselors in the newborn clinic.

Sidney Kimmel Medical Center, Philadelphia, PA Summer 2015- Spring 2016, Fall 2017
Deans Summer Research/ Student Researcher/ CwiC capstone, The Center for Urban Health
Examined effectiveness and feasibility of integrating the Refugee Health Screener 15 (RHS-15) into Philadelphia resettlement agencies and pediatric refugee clinics. Preliminary findings were presented in a poster presentation at Thomas Jefferson University as well as refugee resettlement consortiums in Philadelphia. Was also awarded the Lavine Scholarship award for the 2015-2016 academic year based on this research.

Children's Hospital of Philadelphia, Philadelphia, PA Fall 2010-Summer 2011; Summer 2012-Summer 2013
Clinical Research Assistant, Department of Anesthesiology and Critical Care Medicine
Worked as a research assistant on the RESTORE trial. Details were published in *Protocolized Sedation Vs. Usual Care in Pediatric Patients Mechanically Ventilated for Acute Respiratory Failure: a Randomized Clinical Trial* in JAMA.

Connecticut College, New London, CT Fall 2009-Spring 2010
Senior Thesis, Department of Psychology
Senior thesis research project through the Department of Psychology on the correlation of female indirect aggression and risky health behaviors, including drinking, drug use, dangerous driving and vandalism. The study was accepted and presented at a poster presentation in the spring of 2011 at the Association for Women in Psychology (AWP) annual conference.

POSTER PRESENTATIONS

Utility and Feasibility of Integrating Mental Health Screening for Refugees into Refugee Resettlement Agency Services and Pediatric Clinics in Philadelphia Spring 2016
Presented at Thomas Jefferson University Student Poster Day, Philadelphia, PA

Mean Girls: The Correlation Between Female Indirect Aggression and Risky Health Behaviors Spring 2011
Presented at the Association for Women in Psychology annual conference, Philadelphia, PA

EDUCATIONAL PRESENTATIONS

Peer Presentations

Adoption and Foster Care	Spring 2019
Fever of Unknown Origin	Spring 2019
Otitis Media	Spring 2019
LGBTQ Health	Spring 2019
Cognitive and Social Development	Fall 2019
Lead Poisoning and Prevention	Fall 2019
School Readiness	Spring 2020
HEENT Board Review	Spring 2020
Routine Childhood Immunizations	Fall 2020
Fine and Gross Motor Development	Fall 2020

Multidisciplinary Presentations

Abnormal Blood Pressure in the Adolescent Patient	Fall 2019
Periodic Fever Syndromes	Fall 2019
Senior Clinical Conference: Infant Sleep Safety and Bedsharing	Spring 2021

RELATED WORK EXPERIENCE

The Children's Hospital of Philadelphia Fall 2010-Summer 2011; Summer 2012-Summer 2013
Research Assistant in Critical Care Medicine, Department of Anesthesiology and Critical Care Medicine, Philadelphia, PA
Screened and consented patients for a variety of clinical studies. Collected data and specimens for certain clinical studies and

entered data into Case Report Forms and/or appropriate Excel databases.

Beck Institute for Cognitive Therapy and Research, Bala Cynwyd, PA

Summer, 2009

Intern/Research Assistant

Edited manuscripts for current APA style formatting. Wrote and uploaded blogs to the Beck Institute website regarding current research in the field of Cognitive Behavioral Therapy (CBT). Transcribed educational videos for translation into other languages. Aided in ensuring smooth running of events for the monthly CBT workshops.

The Joshua Center (outpatient transitional treatment center for children and adolescents with behavioral and psychological disorders), Montville, CT

Spring, 2009

Intern

Facilitated group therapy sessions with patients suffering from a variety of mental and behavioral disorders. Trained in NCI (Non-violent Crisis Intervention), Suicide Risk Assessment and leading psycho-educational group sessions. Worked with program's therapists, psychiatrists, and mental health worker as well as patients ranging from 6- to 18-yr old.

PROFESSIONAL COMMITTEES

Advocacy Committee

Spring 2020-present

Bimonthly resident and faculty meeting to discuss current and timely topics in healthcare such as racism in medicine and LGBTQ health; pre-reading required.

Wellness Committee

Fall 2018-present

Monthly meetings focused of improving resident resilience and mitigating burnout.

LGBTQ Initiative

Fall 2019-present

Monthly meetings to improve care of LGBTQ youth at St. Christopher's.

Ethics Committee

Fall 2019-present

Bimonthly meetings and as needed to discuss ethical considerations for clinical cases.

VOLUNTEER EXPERIENCE

Refugee Health Partners

Spring 2015-Spring 2018

Assistant Clinic Director and Clinic Director,

Recruited volunteers, preceptors and translators to ensure the smooth running of free health clinics offered bimonthly to members of the refugee populations in South Philadelphia. Services provided by these clinics include medical care, advocacy needs (insurance, health-care navigation, repayments, housing), and physical therapy.

Education Volunteer

Fall 2013-Spring 2015

Developed various health educational curricula to provide at student-run health fairs within the refugee communities, at afterschool programs, and in the waiting rooms of the monthly Bhutanese American Organization Partnership (BAOP) and Houston health clinics.

Gold Humanism Honor Society

Post-Baccalaureate Committee Chair

Spring 2017- Spring 2018

Organized and ran educational sessions for Jefferson post-baccalaureate students covering topics relevant to medical school.

Wellness Week Committee Chair

Spring 2017- Spring 2018

Worked closely with an attending and a small group of students to support development of the first annual wellness week kickoff presentation for first-year medical students. Wellness week was a new initiative at Jefferson, which aimed to provide first-year medical students with information on productive habits and skills to use to combat stress and burnout through their training and beyond.

JeffCHAT committee member

Spring 2017- Spring 2018

Organized and facilitated interdisciplinary lunchtime discussions modeled after Schwartz rounds.

College within a College (CwiC)- Population Health track

Fall 2013- Spring 2018

An elective 4-year academic track that allowed for additional training in Population health, including the impacts of health literacy, culture, resources distribution, and the health system itself on public health. The first 2 years consisted of didactic

lessons, which aimed to integrate these themes into our main curriculum, and the second two years allowed for case reports and capstone projects.

Medical Students for Choice co-President

Summer 2015-Spring 2017

Recruited volunteers; organized and led student workshops regarding policy and morals/beliefs surrounding women's reproductive rights, in addition to D&C and IUD workshops, and physician/policymaker panels. Co-organized and volunteered for the annual MSFC Family Planning Conference held in Philadelphia.

Volunteer for JeffHOPE/Youth Emergency Services

Fall 2013- Spring 2018

Volunteered on medical teams for free health services provided at various homeless shelters across Philadelphia through JeffHOPE. Attended education sessions (mental health, sexual health curriculum) at Youth Emergency Services, a short-stay shelter for runaway youth.

ADDITIONAL SKILLS

EMR proficiency in Cerner, NextGen, EPIC

PROFESSIONAL INTERESTS

Breastfeeding, infant sleep safety, reproductive health, children's advocacy - especially for underserved communities

PERSONAL INTERESTS

Spending time with and raising my 6-month-old daughter, traveling (pre-Covid), biking, hiking, going for walks with my dog